

Amy Voishan Littlefield, ND, MSOM, FABNO
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UNDERGRADUATE EDUCATION

University of Colorado, Boulder 1990-1995

Bachelor of Arts, Environmental Population and Organismic Biology, Minor Philosophy
Academic Scholar - Presidents Leadership Class, a program fostering leadership skills for community, regional and global initiatives with 50 of CU Boulder's most gifted incoming students
Concentration of study in Philosophy, Ethics, Embryology

University of Texas, Edinburg 1996-1998

Teaching Certification concurrent with Teach For America assignment
Secondary Sciences Composite Certification- Biology, Physics, Chemistry and Geology

GRADUATE MEDICAL EDUCATION

National College of Natural Medicine, Portland, OR 1998-2004

Doctor of Naturopathic Medicine - ND
Master of Science Oriental Medicine - MSOM
Clinical rotations - emphasized integrative medicine, oncology, and acupuncture

Residency- Naturopathic and Integrative Medicine, Clifton Springs, NY 2004-2006

Council Naturopathic Medical Education sponsored Residency at Clifton Springs Hospital

- Collaborated with conventional provider teams to improve health access and determine best practices of integrative care
- Initiated and delivered acupuncture program for in-patient addiction recovery unit
- Instructed weekly Qi Gong sessions as part of hospital wellness program
- Active member of Bio-ethics Committee and New York 'SPA' Promotion Alliance

CERTIFICATION AND LICENSURE

American Board of Lifestyle Medicine - DipACLM

Fellow of the American Board of Naturopathic Oncology (FABNO)

Naturopathic Physician -VT license with pharmacology endorsement

Acupuncturist- VT license with Chinese Herbology endorsement

National Certification Commission for Acupuncture Oriental Medicine (NCCAOM)

Active DEA license and CPR certification

PROFESSIONAL CLINICAL EXPERIENCE

Vermont Wellness Medicine and Integrative Oncology 2014- present

Physician, Owner, Director

- Inspires patients to adopt evidence-based prescriptions for nutrition exercise and stress management with goal to reduce burden of chronic disease
- Orchestrates integrated care across disciplines for patients with complex disease
- Cultivates strong collaborative relationships with regional hospitals and providers
- Initiates review of diversity, equity and inclusion practices and implemented program for regular audit of clinic practice
- Facilitates training for physicians and staff
- Implements and supervises systems including telemedicine, EMR, insurance credentialing, liability, scope of practice, ADA compliance, HIPAA practices

BCBS VT Provider Network Quality and Credentialing Committee 2020- present

Physician member, a position appointed by BCBSVT Senior Medical Director

- Evaluates credentialing applications, supporting documentation and sanctions for recommendation of initial or continued participation in the Plan's network
- Reviews practitioner and facility practice history to ensure ongoing member safety and quality care for BCBSVT members

University of Vermont Cancer Center 2018- 2020

Acupuncturist

- Collaborated as part of the Integrative Medicine program to increase opportunities for patients to receive evidence informed integrated services
- Delivered direct care to hospitalized patients
- Improved symptom management including pain, nausea, constipation, headache with goal to improve quality of life and decrease prescriptive pain management needs

Vermont Naturopathic Clinic, South Burlington, VT 2010-2016

- Provided primary care serving patients of Chittenden County
- Emphasized value of proactive wellness strategies to prevent and mitigate effects of chronic disease states
- Initiated integrative oncology care model with regional oncology centers

Sojourns Community Clinic, Westminster, VT 2006-2011

Physician, Medical Co-Director

- Primary and integrated care clinic with an emphasis on health equity and patient centered care
- Supervised 80+health professionals in non-profit medical clinic
- Implemented best clinical practices related to IV procedures
- Audited systems and initiated risk management strategies
- Evaluated wide array of clinic needs and initiated improvements to optimize efficient care

PUBLICATIONS AND PRESENTATIONS

Textbook, Integrative Geriatrics, Kogan Weil, Oxford University Publisher, 2017

- First Author, Integrative Oncology chapter

Lecturer, Integrative Oncology and Lifestyle Medicine

- UVMCMC Women's Health Conference 2015,2016, 2017, 2018, 2019, 2022, 2025
- Northern New England Clinical Oncology Society- membership meeting 2022
- UVMCMC Medical and Surgical Oncology Grand Rounds, June 2018, October 2019
- Stowe Weekend of Hope 2013, 2017, 2018
- University of Vermont- Integrative Pain Conference April 2018, 2019
- Expanding Cancer Care, Integrative Oncology Conference- Keynote lecturer 2017
- Central VT Medical Center, National Life Cancer Center, Grand Rounds 2014

LEADERSHIP AND PUBLIC SERVICE

Board of Medical Examiners, American Board of Naturopathic Oncology 2020-2023

- Collaborated with a nine member team to ensure highest standards for the process of naturopathic oncology board certification
- Ensured optimal review of exam validity assessments eligibility criteria
- An elected position by members of Oncology Association of Naturopathic Physicians

Member, Champlain Valley Healthy Lifestyle Collaborative 2014-2017

- Identified and improved opportunities to reduce regional obesity rates through nutrition and physical activity
- Contributed to development and implementation of these goals to reduce cancer rates regionally as part GW Cancer Institute, Cancer Control Tap program

Advisor, Job Analysis Committee: American Board of Naturopathic Oncology 2016

- Advised psychometric testing assessment via job analysis for the naturopathic oncology board certification examination

Contributor, Vermonters Taking Action Against Cancer (VTAAC) 2015

- Contributed integrative medical perspective that was ultimately incorporated in the 10-year strategic Vermont state cancer emphasizing both prevention and early detection

Director, Sojourns Community Health Clinic Board of Directors 2008-2010

- Collaborated in transition from traditional board to Policy Governance structure
- Guided policy decisions from perspective of medical providers with goal to provide excellent integrated care to the community as part of non-profit clinic mission

Americorps Member, Teach For America Rio Grande Valley region of South TX 1996-1998

Sasca Spital Orphanage, Sasca Mica, Romania Volunteer Medical Staff 1992

TEACHING EXPERIENCE

National College of Natural Medicine 2010-2011

CNME Residency Program, Collaborating Faculty

- Established an Integrative Medicine Residency, the first CNME accredited program in the State of Vermont
- Managed post graduate medical education for Residents including improvement of clinical skills and broadening of experience base while emphasizing integration of care among disciplines

Teach for America 1996-1998

Secondary Science Composite Certification, South Palm Gardens High School, Weslaco, TX

- Teacher of the Year Award 1997- South Palm Gardens High School, Weslaco, TX
- Developed progressive, experiential lesson plans in Physical Science, Chemistry, Biology, Physics, Health and Math remediation for at-risk students in South Texas border community

PROFESSIONAL ASSOCIATIONS

Vermont Association of Naturopathic Physicians	2008-present
Oncology Association of Naturopathic Physicians	2009-present
Vermont Acupuncture Association	2018- present
American Association of Naturopathic Physicians	2022- present
American College of Lifestyle Medicine	2023- present

REFERENCES

Terry R. Stein, M.D.

Medical Director of Clinical Review & Credentialing - BCBSVT
steint@bcbsvt.com

Kathy McBeth, M.A.-Psych

UVMHC- retired

Kathleen.McBeth@uvmhealth.org

Jacob Hill, N.D., MSIMR

Assistant Professor Cleveland Clinic July 2023

hillj35@ccf.org